

游水海鮮

.....

.....

皇帝蟹

.....

龍蝦

.....

溫哥華蟹

.....

石斑, 紅雞魚, 將軍斑

.....

龍利, 老鼠斑

.....

象拔蚌

.....

游水蝦

.....

— 時價..... —

根記

唯食樓

Lok's Chinese Restaurant

2436 West 41st Avenue, Vancouver, B.C. V6M 2A7

溫哥華西四十一街二四三六號

LICENSED PREMISES

馳名美食 巧手小菜

領有酒牌 歡迎外賣

七天營業

上午十時三十分至晚上十時

EAT IN OR TAKE OUT

BUSINESS HOURS:

7 DAYS A WEEK 10:30 A.M. - 10:00 P.M.

FREE DELIVERY

After 5 PM 下午五時後

Dinner - With Minimum Order \$60.00

(with-in 5km radius) round-trip

外賣及送餐需於晚上九時前落單

Take out last order : 9:00 pm

TEL: 604-266-0788

website: www.loksrestaurant.com

Prices Subject to Change Without Notice

湯羹類 SOUP (例L)(窩Lg)

1. 花膠鴨絲羹	Shredded Duck & Fish Maw Thick Soup	26.80	31.80
2. 海鮮豆腐湯	Seafood & Bean Cake Soup	23.80	29.80
		(小S)(中M)(大L)	
3. 窩雲吞	Wor Wonton(Chicken, BBQ Pork, Squid, Shrimp, Veg.)	19.80	25.80
4. 雲吞湯	Wonton Soup	15.80	21.80
5. 海鮮酸辣湯	Hot and Sour Soup	11.80	16.80 22.80
6. 西湖皮蛋牛肉羹	Minced Beef & Chinese Parsley & Preserved Egg Soup	11.80	16.80 22.80
7. 火鴨芥菜湯	B.B.Q. Duck & Chinese Green Soup	11.80	16.80 22.80
8. 雞茸粟米湯	Diced Chicken, Egg & Creamy Corn Soup	11.80	16.80 22.80
9. 是日例湯	Soup of the Day	11.80	16.80 22.80

精美小食 SIDE ORDER

10. 叉燒	B.B.Q. Pork	15.80
11. 炸雲吞	Deep Fried Wonton with Sweet & Sour Sauce	12.80
12. 春卷	Egg Roll 2 in Dish	5.50

海鮮類 SEAFOOD

13. 椒鹽蝦	Spicy Salt & Pepper Prawn	22.80
14. 時菜蝦球	Prawns & Chinese Green	22.80
15. 生炒蝦球	Prawns w/Straw Mushroom & Baby Corn	22.80
16. 百加利蝦球	Prawns & Broccoli	22.80
17. 豉椒蝦球	Prawns w/Green Pepper, Garlic & Black Bean Sauce	22.80
18. 炸蝦球	Deep Fried Prawns	22.80
19. 芥蘭帶子	Scallop with Kai Lan (Chinese Broccoli)	22.80
20. 油泡帶子	Sauteed Scallop	22.80
21. 豉椒帶子	Scallop w/Green Pepper & Black Bean Sauce	22.80
22. 時菜帶子	Scallop with Vegetable	22.80
23. 四川蝦仁	Shrimp with Chili	20.80
24. 腰果蝦仁	Fried Shrimp with Cashew Nuts	20.80
25. 滑蛋蝦仁	Scrambled Egg & Shrimp	20.80
26. 雪豆蝦仁	Shrimp & Snow Peas	20.80
27. 豉椒鮮魷	Fresh Squid w/Green Pepper & Black Bean Sauce	20.80
28. 椒鹽鮮魷	Fresh Squid with Spicy Salt	20.80
29. 芥蘭鮮魷	Fresh Squid with Kai Lan (Chinese Broccoli)	20.80
30. 五柳班塊	Cod Fillet with Sweet & Sour Sauce	20.80
31. 粟米班塊	Cod Fillet with Cream Corn Sauce	20.80

雞鴨類 CHICKEN & DUCK (Half)(Whole)

32. 北京片皮鴨	Peking Duck (Two courses)(二食)	62.80
33. 金牌燒鴨皇	Barbecue Duck	20.80 36.80
34. 貴妃走地雞	Kwai Fei Style Free Range Chicken	20.80 36.80
35. 菜膽上湯雞	Streamed Chicken w/Chinese Green	20.80 36.80
36. 鹽焗走地雞	Salty Chicken	20.80 36.80
37. 鴻運炸子雞	Deep Fried Chicken	20.80 36.80
38. 玫瑰豉油雞	Soy Sauce Chicken	20.80 36.80
39. 涼瓜雞球	Chicken with Bitter Melon	20.80
40. 時菜雞球	Chicken with Chinese Green	18.80
41. 豉椒雞片	Boneless Chicken w/Green Pepper, Garlic & Black Bean Sauce	18.80
42. 腰果雞丁	Diced Boneless Chicken w/Cashew Nuts	18.80
43. 西檸雞	Lemon Chicken (Boneless)	18.80
44. 杏仁酥雞	Almond Chicken (Boneless)	18.80
45. 咕嚕雞	Sweet & Sour Chicken Ball	18.80
46. 生炒雞片	Boneless Chicken w/Straw Mushroom & Baby Corn	18.80

豬肉類 PORK AND SPARERIBS

47. X0炒豬頸脊	Sliced Pork with Spicy Sauce	21.80
48. 京都肉排	Pork Chop " King Tu " Style	21.80
49. 菠蘿咕嚕肉	Sweet & Sour Pork (Boneless)	19.80
50. 蒜子蜜汁骨	Spareribs with Garlic and Honey (Bone-in)	19.80
51. 豉椒排骨	Spareribs w/Garlic, Pepper & Black Bean Sauce (Bone-in)	19.80
52. 椒鹽骨	Deep Fried Spareribs with Spicy Salt (Bone-in)	19.80
53. 生炒排骨	Sweet & Sour Spareribs (Bone-in)	19.80

牛肉類 BEEF

54. 牛肉生菜包	Minced Beef with Lettuce	24.80
55. 中式牛柳	Tender Beef in Gourmet Sauce (Chinese Style)	24.80
56. 通菜牛肉	Beef with Tong Choi	23.80
57. 涼瓜牛肉	Beef with Bitter Melon	20.80
58. 時菜牛肉	Beef with Chinese Green	18.80
59. 蕃茄牛肉	Beef with Tomato	18.80
60. 薑蔥牛肉	Fried Beef with Ginger & Green Onion	18.80
61. 豉椒牛肉	Beef with Garlic, Green Pepper & Black Bean Sauce	18.80
62. 紫蘿牛肉	Sweet & Sour Beef with Pineapple	18.80
63. 百加利牛肉	Beef with Broccoli	18.80
64. 芥蘭牛肉	Beef with Kai Lan (Chinese Broccoli)	18.80
65. 蠔油牛肉	Beef with Oyster Sauce	18.80

蔬菜類 VEGETABLES

66. 蒜茸/清炒豆苗	Sauteed Pea Tip	22.80
67. 蒜茸/清炒菜心	Sauteed Choi Sum	22.80
68. 蒜茸/清炒西蘭花	Sauteed Broccoli	22.80
69. 蒜茸/清炒白菜	Sauteed Shanghai Ba Choi	22.80
70. 蒜茸/清炒芥蘭	Sauteed Gai Lan	22.80

豆腐及其他 *BEAN CAKE & MISC. DISHES*

71. 麻婆豆腐	Ma-Po Bean Cake (Hot)	20.80
72. 海皇棋子豆腐	Steamed Bean Cake w/Chopped Seafood	20.80
73. 魚香茄子	Egg Plant with Minced Pork (Hot)	19.80
74. 椒鹽豆腐	Deep Fried Bean Cake with Spicy Salt	18.80
75. 雙菰滑豆腐	Bean Cake with Straw & Chinese Mushroom	18.80
76. 紅燒豆腐	Braised Bean Cake	18.80
77. 干扁四季豆	Fried Green Bean Szechuan Style w/Minced Pork (Hot)	18.80

煲仔類 *HOT POT*

78. 蒜子火腩黑魚煲	Roasted Pork, Black Cod with Dry Garlic	26.80
79. 斑腩豆腐煲	Bean Cake with Braised Fish Fillet	24.80
80. 八珍豆腐煲	Bean Cake with Prawns & Squid	20.80
81. 牛腩牛筋煲	Beef Brisket and Tendon	20.80
82. 薑蔥牛肉煲	Beef with Green Onion & Ginger	20.80
83. 鹹魚雞粒豆腐煲	Chicken Bean Cake Hot Pot with Salted Fish	20.80

咖哩沙爹類 *CURRY & SATAY (HOT)*

84. 咖哩蝦球	Curry Prawns	22.80
85. 咖哩牛肉	Curry Beef	19.80
86. 咖哩牛腩	Curry Beef Brisket	19.80
87. 咖哩雞球	Curry Boneless Chicken	19.80
88. 沙爹牛肉	Beef with Satay Sauce	19.80
89. 沙爹雞球	Chicken with Satay Sauce	19.80

雜碎類 *CHOP SUEY*

90. 蝦球雜碎	Prawns Chop Suey	24.80
91. 海鮮雜碎	Seafood Chop Suey	24.80
92. 炒雜碎	Fried Mixed Vegetables	18.80
93. 牛肉雜碎	Beef Chop Suey	20.80
94. 雞片雜碎	Boneless Chicken Chop Suey	20.80
95. 叉燒雜碎	B.B.Q. Pork Chop Suey	20.80

炒飯類 *FRIED RICE*

96. 瑤柱蛋白炒飯	Dried Scallop and Egg White Fried Rice	22.80
97. 福州炒飯	Fu Chow Fried Rice	21.80
98. 鴛鴦炒飯	Love Bird Fried Rice	21.80
99. 鹹魚雞粒炒飯	Salted Fish & Diced Chicken Fried Rice	21.80
100. 蝦炒飯	Shrimp Fried Rice	18.80
101. 蘑菰炒飯	Mushroom Fried Rice	15.80
102. 叉燒炒飯	B.B.Q. Pork Fried Rice	15.80
103. 雞炒飯	Boneless Chicken Fried Rice	15.80
104. 生炒牛肉飯	Minced Beef and Lettuce Fried Rice	15.80
105. 揚州炒飯	B.B.Q. Pork & Shrimp Fried Rice	15.80
106. 蛋炒飯	Egg Fried Rice	12.00

飯類 *STEAMED RICE*

107. 咕嚕肉飯	Sweet & Sour Pork with Rice	15.50
108. 招牌飯	House Special with Rice	15.50
109. 滑蛋蝦仁飯	Scrambled Egg & Shrimp with Rice	15.50
110. 北菰雞飯	Chicken and Chinese Mushroom with Rice	15.50
111. 咖哩蝦球飯	Curry Prawns with Rice	15.50
112. 中式牛柳飯	Tender Beef with Rice	15.50
113. 麻婆豆腐飯	Ground Beef with Bean Cake with Rice (Hot)	15.50
114. 粟米雞粒飯	Chicken & Cream Corn Sauce with Rice	14.50
115. 燒鴨油雞飯	B.B.Q. Duck & Soy Chicken with Rice	14.00
116. 燒鴨叉燒飯	B.B.Q. Duck & B.B.Q. Pork with Rice	14.00
117. 叉燒油雞飯	B.B.Q. Pork & Soy Chicken with Rice	14.00
118. 牛腩飯	Beef Brisket with Rice	14.00
119. 叉燒豆腐飯	B.B.Q. Pork & Bean Cake with Rice	14.00
120. 火肉豆腐飯	Roast Pork Belly & Bean Cake with Rice	14.00
121. 豉椒滑雞飯	Chicken, Green Pepper & Black Bean Sauce w/Rice	14.00
122. 時菜排骨飯	Spareribs & Chinese Green with Rice	14.00
123. 豉椒排骨飯	Spareribs & Black Bean Sauce with Rice	14.00
124. 蕃茄牛肉飯	Tomato Beef with Rice	14.00
125. 免治牛肉飯	Minced Beef with Rice	14.00
126. 時菜牛肉飯	Beef & Chinese Green with Rice	14.00
127. 滑蛋牛肉飯	Scrambled Egg & Beef with Rice	14.00
128. 時菜滑雞飯	Chicken & Chinese Green with Rice	14.00
129. 豉椒牛肉飯	Beef & Green Pepper, Black Bean Sauce w/Rice	14.00
130. 咖哩牛肉飯	Curry Beef with Rice	14.00
131. 咖哩牛腩飯	Curry Beef Brisket with Rice	14.00
132. 咖哩雞片飯	Curry Boneless Chicken with Rice	14.00
133. 沙爹牛肉飯	Beef & Satay Sauce with Rice	14.00
134. 沙爹滑雞飯	Chicken & Satay Sauce with Rice	14.00
135. 燒鴨飯	B.B.Q. Duck with Rice	13.50
136. 油雞飯	Soy Chicken with Rice	13.50
137. 叉燒飯	B.B.Q. Pork with Rice	13.50

炒粉麵類 CHOW MEIN & FRIED RICE NOODLE

138. 海鮮炒麵	Seafood Chow Mein (Shrimp/Squid, Scallop...)	21.80
139. 味菜肉絲炆米	Shredded Pork with Preserved Veg. Rice Vermicelli	18.80
140. 時菜蝦球麵	Prawns and Chinese Green Chow Mein	16.50
141. 豉椒蝦球麵	Prawns, Green Pepper & B.B.Sauce Chow Mein	16.50
142. 黑椒牛柳絲炒麵	Shredded Steak with Black Pepper Sauce Chow Mein	16.50
143. 北菰雞麵	Chicken & Chinese Mushroom Chow Mein	16.50
144. 干燒伊麵	Braised Noodle with Oyster Sauce	15.80
145. 滑蛋蝦仁麵	Shrimp and Scrambled Egg Chow Mein	15.50
146. 火鴨絲燻米	B.B.Q. Duck with Fried Rice Vermicelli	15.50
147. 招牌炒麵	House Special Chow Mein (Squid, Prawn & BBQ Pork)	15.00
148. 時菜牛肉炒麵	Beef and Chinese Green Chow Mein	14.50
149. 豉椒排骨炒麵	Spareribs, Green Pepper & B.B.Sauce Chow Mein	14.50
150. 銀芽雞絲麵	Boneless Chicken & Bean Sprout Chow Mein	14.50
151. 三絲炒麵	Three Kinds of Meat with Chow Mein	14.50
152. 時菜牛腩麵	Beef Brisket & Chinese Green Chow Mein	14.50
153. 時菜雞片麵	Boneless Chicken & Chinese Green Chow Mein	14.50
154. 豉椒雞片麵	Boneless Chicken, Green Pepper & B.B.S. Chow Mein	14.50
155. 干炒肉絲麵	Shredded Pork Chow Mein (Soft Noodle)	14.50
156. 干炒雞絲麵	Shredded Chicken Chow Mein (Soft Noodle)	14.50
157. 銀芽肉絲麵	Shredded Pork and Bean Sprout Chow Mein	14.50
158. 沙爹牛河	Beef and Satay Sauce with Rice Noodle	14.50
159. 豉椒牛河	Beef, Green Pepper & Black Bean Sauce w/Rice Noodle	14.50
160. 滑蛋牛肉河	Scrambled Egg & Beef Fried Rice Noodle	14.50
161. 干炒牛河	Fried Beef with Rice Noodle	14.50
162. 什菜炒麵	Mixed Vegetables Chow Mein (Vegetarian)	14.50
165. 干炒素三絲河	Fried Vegetables with Rice Noodle (Vegetarian)	14.50
166. 星州炒米	Singapore Fried Rice Vermicelli w/Shrimp & BBQ Pork(hot)	14.50
167. 夏門炒米	Fried Rice Vermicelli Har Moon Style	14.50
168. 上海粗炒麵	Shanghai Style Fried Noodle	14.50
169. 豉油皇炒麵	Soy Sauce Chow Mein (Soft Noodle)	13.50

改烏冬加一元、伊麵加二元 Change Undo add \$1.00, E-Fu Noodle add \$2.00

Various Combos for Selection

Serve with Egg Roll & Soup of the Day
(Hot & Sour Soup or Wonton Soup or Chicken, Egg & Creamy Com Soup)

ANY 2 ITEMS \$39.80 ANY 5 ITEMS \$80.80
ANY 3 ITEMS \$52.80 ANY 6 ITEMS \$93.80
ANY 4 ITEMS \$66.80 ANY 8 ITEMS \$123.80

1. Spareribs with Garlic and Honey
2. Sweet & Sour Pork
3. Beef with Garlic, Green Pepper & Black Bean Sauce
4. Fried Beef with Ginger & Green Onion
5. Beef with Broccoli
6. Boneless Chicken with Green Pepper, Garlic and Black Bean Sauce
7. Boneless Chicken with Straw Mushroom & Baby Corn
8. Diced Boneless Chicken with Cashew Nuts
9. Sweet & Sour Chicken Ball with Pineapple
10. Lemon Chicken (Boneless)
11. Almond Chicken (Boneless)
12. Prawns with Straw Mushroom & Baby Corn
13. Prawns and Broccoli
14. Deep Fried Prawns
15. Prawns and Green Pepper, Garlic and Black Bean Sauce
16. Curry Beef
17. Curry Boneless Chicken
18. Chicken with Satay Sauce
19. Fried Mixed Vegetables
20. Beef Chop Suey
21. Boneless Chicken Chop Suey
22. Egg Foo Yong
23. Mushroom Egg Foo Yong
24. B.B.Q. Pork Egg Foo Yong
25. Shrimp Egg Foo Yong
26. B.B.Q. Pork and Shrimp Fired Rice
27. Boneless Chicken Fried Rice
28. Mushroom Fried Rice
29. Beef and Chinese Green Chow Mein
30. Singapore Fired Rice Vermicelli with Shrimp and B.B.Q. Pork (Hot)
31. Shredded Chicken Chow Mein (Soft Noodle)
32. Bean Cake with Straw & Chinese Mushroom (Vegetarian)
33. Brasied Bean Cake (Vegetarian)
34. Four Kinds of Vegetables with Oyster Sauce
35. Chinese Mushroom with Vegetable